

CHRONIC CONDITIONS

Examples of chronic conditions eligible include:

- Diabetes
- Cancer
- Cardiovascular disease
- Stroke
- Musculoskeletal conditions
- Chronic pain
- Cognitive decline
- Autism or Developmental Delay
- Weight management

SUBSIDISED VISITS

Participation in a TCA allows for the allocation of 5 subsidised allied health visits each year. These visits can be assigned in any allocation you require up to the maximum 5 yearly. Out of pocket costs will vary depending on individual practitioner fees

Diabetic patients are also eligible for 8 allied health group services each year, eg. Group exercise physiology classes.

PLAN & TEAM CARE

Patients with chronic or terminal medical conditions may be eligible under Medicare for a General Practitioner Management Plan and Team Care Arrangement. Care plans help to coordinate the care of people with chronic conditions and provide comprehensive and current assessment of the patient's needs. They allow the patient to identify and work towards goals of treatment. All GPMP appointments are bulk billed at Littlehampton Medical Centre. Initially you will have a one hour consult with a practice nurse followed by a short review by your doctor. This is conducted annually and then followed by 3-6 monthly care plan reviews with the nurse and doctor.

TEAM CARE ARRANGEMENT

A multidisciplinary team will collaborate on your care. You will need to consider before your appointment who you would like in your team, either specific practitioners or the type of allied health service you need. The members of the team need to be relevant to the health condition the plan is created for. The multidisciplinary team will need to include:

- The General Practitioner
- At least 2 other providers. (1 may be another medical practitioner)

Examples of allied health practitioners include, but not limited to, are:

- Physiotherapy
- Chiropractor
- Diabetes Educator
- Dietician
- Podiatry
- Exercise Physiologist
- Audiologist
- Occupational therapist
- Osteopath
- Speech Pathologist
- Aboriginal Health Worker

FEES the annual appt and 3-6 mthly reviews with your GP are Bulk Billed.

