



## COVID-19 positive result

### Information resources

89 North Terrace  
Littlehampton SA 5250  
Phone 8398 2600  
Fax 8398 3910  
[www.littlehamptonmedical.com](http://www.littlehamptonmedical.com)

Dear patient,

Please find resource links below for your information about a positive result for COVID-19.

Littlehampton Medical Centre able to offer a telehealth appointment to patients who test positive to COVID-19 and have been to our clinic in the past 12 months. Appointments can be made online at <https://littlehamptonmedical.com/> and select the 'Telehealth (phone consult)' appointment type. Alternatively phone the clinic on **83982600** to schedule a telehealth appointment.

#### **SA COVID-19 Information Line**

**Phone: 1800 253 787**

<https://www.sahealth.sa.gov.au/wps/wcm/connect/public+content/sa+health+internet/conditions/infectious+diseases/covid-19/testing+and+tracing/information+about+a+positive+result+for+covid-19>

#### **Health Direct**

**Phone: 1800 022 222**

#### **Mental Health Support Line**

**Phone: 1800 632 753**

<https://www.sahealth.sa.gov.au/wps/wcm/connect/public+content/sa+health+internet/conditions/infectious+diseases/covid-19/about+covid-19/help+and+advice/mental+health+support>

#### **COVID-19 Response Care Team**

**Phone: 1800 272 872**

If you require urgent support while you are home

#### **Triple Zero**

**Phone: 000**

If you have worsening symptoms such as difficulty breathing or chest pain or have any other medical emergency arise, call **000** (Triple Zero) and ask for an ambulance – tell them you are in isolation because you are COVID-19 positive.

#### **Isolation information**

<https://www.sahealth.sa.gov.au/wps/wcm/connect/public+content/sa+health+internet/conditions/infectious+diseases/covid-19/testing+and+tracing/isolating+at+home+if+you+are+covid-19+positive>

#### **Wellbeing**

<https://www.sahealth.sa.gov.au/wps/wcm/connect/public+content/sa+health+internet/conditions/infectious+diseases/covid-19/testing+and+tracing/covid-19+wellbeing+support>

#### **Financial Support for Individuals**

<https://www.covid-19.sa.gov.au/health-community/financial-support-for-individuals>