



General Practitioner Management Plan & Team Care Arrangement

Before your appointment:

- Research providers
- Contact them to check fees and waitlists
- Choose your team (min 2)
- Bring provider details to your appointment

CHRONIC CONDITIONS

Examples of chronic conditions eligible include:

- Diabetes
- Cancer
- Cardiovascular disease
- Stroke
- Musculoskeletal conditions
- Chronic pain
- Cognitive decline
- Autism or Developmental Delay
- Weight management

SUBSIDISED VISITS

Participation in a TCA allows for the allocation of 5 subsidised allied health visits each year. These visits can be assigned in any allocation the patient requires up to the maximum 5 yearly. Out of pocket costs will vary depending on individual practitioner fees

Diabetic patients are also eligible for 8 allied health group services each year, eg. Group exercise physiology classes.

PLAN & TEAM CARE

Patients with chronic or terminal medical conditions may be eligible under Medicare for a General Practitioner Management Plan and Team Care Arrangement. Care plans help to coordinate the care of people with chronic conditions, reduce the need for consultations and provide comprehensive and current assessment of the patient's needs. They allow the patient to identify and work towards goals of treatment. All GPMP appointments are bulk billed at Littlehampton Medical Centre. Initially a one hour consult with a practice nurse followed by a short review by your doctor (annually), with by 3-6 monthly reviews with the nurse and doctor (approx. 45mins).

TEAM CARE ARRANGEMENT

A multidisciplinary team will collaborate on care. The patient will need to consider before their appointment who they would like in their team, either specific practitioners or the type of allied health service they need. The members of the team need to be relevant to the health condition the plan is created for. The multidisciplinary team will need to include:

- The General Practitioner
- At least 2 other providers. (1 may be another medical practitioner)

Examples of allied health practitioners include, but not limited to, are:

- Physiotherapy
- Chiropractor
- Diabetes Educator
- Dietician
- Podiatry
- Exercise Physiologist
- Audiologist
- Occupational therapist
- Osteopath
- Speech Pathologist
- Aboriginal Health Worker

FEES? These appointments are bulk billed with no out of pocket cost to the patient.